

IAVA Cavalry Update

July 5, 2024

Happy Friday IAVA Cavalry! We hope that everyone had a wonderful 4th of July!



IAVA's latest cohort of Cavalry members have started their training. In addition to learning about IAVA policy priorities, Media Trainer Jess McIntosh joined to help the Cavalry hone their stories. The cohort will continue their training next Tuesday and then go on to meet virtually with Members of Congress and their staff. Think you know someone perfect for the Cavalry? Contact Member Services Manager, Bea Davis at bea@iava.org with their information!



Cavalry T-Shirts are in! You should have received an email with shipping codes to have yours mailed to you from our great partners over at Oscar Mike.

When you receive them, show em off! Post a photo to your social media and use hashtags #IAVA and #IAVACavalry.

If you did not receive an email, please contact Bea Davis, bea@iava.org.



July Cavalry Spotlight

Dr. Natalie Coleman

This month's Cavalry Spotlight is Dr. Natalie Coleman. Natalie lives in Plainfield, IL. She served as a Captain in the Army from 1998-2011. Her Cavalry journey started in March 2023 when she came to DC for what is now called Cavalry Week. Following the fly-in, Natalie participated in the first cohort of IAVA fellows, taking IAVA Cavalry leadership to the next level. Outside of Cavalry activities, Natalie is the Founder and CEO of After the Peanut, the Coordinator of Secondary Education at Governors State University, and a Will County Commissioner. Her non-profit, After the Peanut, aims to transform communities by increasing awareness of STEM Careers and providing STEM and other educational opportunities. They specialize in creating and providing educational programs for

K-12 students. Stay tuned later this month for a blog from Natalie.

Find Natalie's Cavalry page [HERE](#). You can also follow her on X [HERE](#) or LinkedIn [HERE](#).

Did you know that IAVA is on TikTok? Click [HERE](#) to follow us!

A quick reminder, Director of Membership Programs, Kaitlynne Yancy, is currently on maternity leave. . For all policy-related questions, please contact Rodger Pinto: rodger@iava.org. For membership & Cavalry related questions, reach out to our Member Services Manager, Bea Davis: bea@iava.org

Onward & Upward Cavalry!